



MOUNTAIN LAKES DISTRICT
WAIVER OF LIABILITY AND ASSUMPTION OF
RISK

Event Waiver for the Eastern States Cup (ESC)
Stan's Enduro Event to be held at the Monteau Ski
Area on Lodge Lane in Haverhill, NH on
July 26-27, 2025

In consideration of being allowed to participate in the ESC Stan's Enduro Bike Race at Monteau Ski Area, I, the undersigned participant, acknowledge and agree to the following:

1. Assumption of Risk: I understand that mountain biking is an inherently dangerous activity that involves risks and dangers, including but not limited to, falls, collisions with other participants or obstacles, and adverse weather conditions. I voluntarily assume all risks associated with my participation in this event.
2. Release of Liability: I hereby release, waive, discharge, and covenant not to sue Mountain Lakes District, its residents, employees, volunteers, sponsors, and any affiliated parties (collectively referred to as "the Released Parties") from any and all claims, liabilities, damages, or injuries that may arise from my participation in this even.
3. Medical Emergency: I understand that in the event of an injury or medical emergency, the Released Parties may seek medical assistance on my behalf. I consent to receive medical treatment and agree to be responsible for any costs incurred.
4. Indemnification: I agree to indemnify and hold harmless the Released Parties from any claims or liabilities arising out of my participation in this event, including attorney's fees and costs incurred.
5. Understanding of Terms: I have read this waiver carefully and understand its contents. I am aware that by signing this waiver, I am giving up certain legal rights, including the right to sue.
6. Age Requirement: I certify that I am 18 years of age or older. If I am under 18 years of age, my parent or legal guardian must sign this waiver on my behalf.

Participant's Name: _____
Signature: _____
Date: _____

Parent/Guardian Name: _____
Signature: _____
Date: _____